



Communication Milestones at 12-18 months

- Follows simple commands (e.g. “come here,” “sit down”)
- Identifies 2-6 body parts and/or clothing items
- Points to objects in pictures
- Says and understands “no”
- Uses words more than gestures
- Says 10-20 words
- Imitates sounds (e.g. “moo,” “beep”) and words with intonation
- “Talks” during independent play
- Asks for “more”
- Conducts social greetings (e.g. “hi,” “bye,” “please,” “thank you”)
- Refers to self by name

Feeding/Swallowing Milestones at 12-18 months

- self-feeding, grasps spoon with whole hand
- holds cup with two hands

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